

# Maintaining Hope in the Mess



When life's struggles press down, perspective skews and hope begins to slip away. To maintain hope, we must set our minds on the truth of God's Word. In this, we find hope to keep going.

## | PRACTICE |

Choose one or several of the Scriptures below to read and dwell on.

Turn the Scripture(s) into prayer over your struggle.

Thank God for being completely capable of handling all that concerns you today.

### God's Character

Isaiah 26:3-4  
Isaiah 30:18  
Isaiah 43  
Ephesians 2:4-9  
Ephesians 2:14  
2 Thessalonians 3:3  
I John 1:5

### God's Power

Psalm 18  
Psalm 138:7-8  
Jeremiah 32:17  
Romans 4:17  
Hebrews 1:3  
2 Timothy 1:12  
I Peter 5:10

### Encouragement

Psalm 31:24  
Psalm 42  
Psalm 77:11-15  
Zechariah 13:9  
Ephesians 6:10-13  
Hebrews 4:16  
Hebrews 12:1-3

### Add to the List: